

The Lion Within



I hope that you stop and reflect on these poems. They are meant to ponder over and to ask yourself some basic questions about life. I sincerely hope that they will trigger a longing inside to search for the diamond that exists inside of you.

I wish to offer my humble gratitude to my brother John. John did all the music for this CD I believe that poetry and music together can enhance the poetic experience. It adds an extra layer of emotion. Unfortunately, in America, poetry has taken a back seat in our culture. Let's bring back the power of the spoken word.

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Farewell

Farewell to the President and his family.

You have served your country well.

You have the grace and dignity of true leaders.

You were in a constant spotlight and keep your emotions true to your heart.

You were kind and decent a rare trait.

You had to make many tough decisions.

I'm sure at times you were awakened during some crisis during the night.

Despite all the obstacles and garbage thrown at you, you kept your cool.

As your lovely wife said 'When they go low, we go high

How elegantly said?

May God bless the President and his family.

Forgiveness Is The Way

All the great masters have said forgiveness is the way.

A person who doesn't forgive himself or others carry a tremendous amount of baggage.

Each time you call upon forgiveness you let go of one bag.

What a relief!

Forgiveness doesn't mean that you forget the incident.

It means you forgive.

A big difference.

To be a mature human being, you must forgive yourself and others.

If you are angry at others you are harboring those feelings inside.

Over time they will fester and not make you happy.

Only you can solve this riddle.

Only you can throw your baggage away.

In The Beginning Was The Word

In the beginning, was the word.

The word was with God and the Word was God.

And the word was made flesh.

Now let's look at this with a rational mind.

In the beginning, was the word.

Before time and space was the word.

That means way before humans existed on earth.

Even before the earth was created there was the word of God.

The word was with God and the Word was God.

Is there a primordial frequency or quantum energy that is God?

Is God multidimensional energy?

This energy is beyond time and space.

This energy created the universe.

And the word was made flesh.

This energy creates us.

This energy lies inside of us.

97% of your DNA is not junked DNA.

It's quantum energy.

It's God.

You are made in his image.

The wise man says it's up to you to solve this riddle.

Is Life Like A Page Break?

Is life like a page break?

We live this life and suddenly it's over.

We leave like a thief in the night never to be seen again.

What is the point?

Is there a reason why we are alive?

We come and go into this world.

Do we always run in circles?

Have we learned to love our fellow man?

Is there a purpose to this life?

What am I holding on to?

Why am I so angry?

I feel I'm on the seesaw of life.

I can't control my emotions.

My actions are out of control.

Do I ever learn from my past actions?

The masters have said to open up your heart and dive within.

You will solve this great puzzle.

One Foundation

What is your foundation in life?

There is no more fence-sitting.

Is your foundation built on the old ways?

I'm happy and then I'm sad.

I love you yet I hate you.

Do you spew anger?

These are the old energies of yesterday.

Take a look at the problems in the past they all stem from old energies.

There is a new way of living.

How about being in contact with God?

How about being in love, patience, and compassion?

Be kind.

Be tolerant of your fellow man.

Go beyond judgments.

What kind of foundation are you choosing?

You can no longer sit on the fence.

Only You Can Decide When It's Time?

Only you can decide when it's time to discover your true nature.

We aren't here to convince you.

The truth needs no convincing.

You are the universe and don't know it.

We are not here to convert you.

The universe does not convert anyone.

It simply is.

We are not here to judge you.

God does not judge.

He gives you free choice.

If you have a free choice why would he judge?

We aren't here to condemn you.

There is nothing to condemn.

There is no hell except in your state of mind.

Everything returns to the source.

Including you.

This life is an incredible journey.

Some Many Different Quotes For The Same Thing

When I was young I was fascinated by the following.

Some many different quotes for the same thing.

I looked at different Bible verses and each bible had a different translation.

My version is correct and your version is incorrect.

The Catholics thought only they were going to heaven.

The rest was going to hell.

Countless battles have been fought on different interpretations of God.

God is not on any side.

To be honest God exists inside of you.

You can read all the great scripture and they only point the way to God.

The kingdom of heaven lies inside of you.

No more words can be said.

Only you can solve this riddle.

The Blank Page

The page was blank.

Now it contains words.

What am I going to say?

The words we say are creations from our minds.

Do we create monsters within or create a heavenly world?

Day by day we build our worlds.

If you are an angry person you will only see anger.

No wonder the great masters have died.

Some people got angry with them.

They didn't like that they had to take responsibility for their actions.

We come into this world with a blank page and we leave as creators of our own life.

The wise man says to understand this riddle.

The Lion Within

I just had a magnificent dream.

I was on an African plain.

A young African boy was performing a ceremony for the earth.

Thousands of animals came.

The sky was flooded with birds.

Hundreds of lions appeared.

A young Lion cub came up to say hello.

Its Mother came up to me and I hugged her.

She started purring.

I knew to control my fear.

A lion has instinct and can smell it a thousand miles away.

I held the Mama lion in my arms and I woke up from my dream.

You can conquer the fears within.

Pay attention to your dreams.

The Rapture

Christians are waiting for the rapture.

God will blow this earth to smithereens.

God won't do this.

Humans will.

Yet man has reached a turning point where this won't happen.

Man has decided that Peace on earth is the way.

I know it doesn't seem that way.

Wars are all around us.

Yet the light of God is dispelling darkness on this land.

Many people like you and I are bringing light to this planet.

Only humans can bring peace to this planet.

God is there as our coach.

He will not play the game for us.

We have to play the game.

These are exciting times.

The world wants peace.

Let the dust settle.

The Ringing In My Ears

Have you heard the ringing in your ears?

When you are silent and the world is asleep do you hear the ringing?

Is God saying to look inside your heart?

You are never alone.

Your ringing is not a medical disease that doctors have said.

The ringing is God saying come home.

You have traveled far on this journey.

It seems like you are alone.

Come inside.

Warm up to the fire.

Do you want something to drink?

On this journey of life, you can discover your true essence.

This will make your journey easier.

You will discover help is always there.

Why Were We Never Told?

Why we were never told that our wars only bring more wars?

Why were we told if someone or a country is different we condemn them?

Why were we never told that God lives inside?

Why were we never told that true happiness is a state of mind?

Why were we never told you can rule the world and you can be miserable?

Ask Alexander the great.

Why were we never told the true riches exist inside of our hearts?

Why were we never told that politicians don't have our interests at heart?

I know it doesn't look that way.

Why were we never told to drop all of our anger?

It will never solve your problems.

You just get more baggage.

It seems at times man has been in a rut.

We are running in circles and not learning from the past.

You can change.

The entire universe is watching us.

You can solve this riddle.